

O God makes speed to save us.  
O Lord, make haste to help us.  
My heart tells of your word, 'Seek my face.'  
Your face, Lord, will I seek.

### Praise

We praise you O God, we acclaim you as the Lord;  
All creation worships you, the Father everlasting.  
To you all angels, all the powers of heaven,  
The cherubim and seraphim, sing in endless praise:  
Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full of your glory.

### 23 Psalm

1. The Lord is my shepherd;  
therefore can I lack nothing.
2. He makes me lie down in green pastures  
and leads me beside still waters.
3. He shall refresh my soul  
And guide me in the paths of righteousness for his names sake.
4. Though I walk through the valley of the shadow of death,  
I will fear no evil; for you are with me; your rod and your staff  
comfort me.
5. You spread a table before me in the presence of those who trouble  
me; you have anointed my head with oil and my cup shall be full.
6. Surely goodness and loving mercy shall follow me all the days of  
my life, and I will dwell in the house of the Lord for ever.

*Jesus said, I am the living bread that came down from heaven.  
Whoever eats of this bread will live for ever. John 6:51a*

### Prayers

Quietly pray:

For your family and friends.  
For you church family.  
For the community you live in.  
For your neighbours.  
For those who are unwell.

Gathering our prayers and praises into one,  
let us pray with confidence as our saviour has taught us

Our Father, who art in heaven,  
hallowed be thy name;  
thy Kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory  
for ever and ever.  
Amen.

### The conclusion

May God who made both heaven and earth bless us. Amen.